



## Welcome to our Family Communion Service

Jesus says, 'Come to me, all you who are weary and burdened and I will give you rest.'

In worship, let us come to the one who offers peace and rest.

## The Gathering

### Welcome & Notices

#### Gathering Prayer

Almighty God, reveal yourself to us as we listen to your word in Scripture and preaching, responding to you in prayer and song.

Make yourself known to us, as we recall the stories of our faith and witness to the faith we have in you.

Help us to recognise you in one another through the fellowship we share.

**Amen.**

#### Song    Greater than it all

Songwriter: Jake Isaac. Greater Than It All lyrics © Integrity Music Europe; Performed by Jake Isaac & Lucy Grimble, used with permission © Smith United Limited 2020; [Gloworks](#)

#### Summary of the law

Our Lord Jesus Christ said: the first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandments greater than these. On these two commandments hang all the law and the prophets.  
**Amen. Lord, have mercy.**

#### Confession

*After a period of reflection*

**Christ came to take away our sin, that we might be forgiven for the wrong we have done, for unkind thoughts and the harsh words we have spoken.  
Lord, have mercy.**

**Christ came to conquer sin, that the world might be healed of its conflict and brutality, of its wickedness and deception and of all that brings harm.  
Christ, have mercy.**

**Christ came to reveal God's purposes, that we might turn again to that which nurtures and supports, brings peace and security and seeks the good of all.  
Lord, have mercy.**

**Have mercy on us, and cleanse us of all our sin.  
For we ask in Jesus' name.  
Amen.**

#### Absolution

Almighty God who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.  
**Amen.**

#### Collect

Risen Christ, you filled your disciples with boldness and fresh hope: strengthen us to proclaim your risen life and fill us with your peace, to the glory of God the Father. **Amen.**

Reading    Luke 24.36b -48 read by Richard Beckingsale

**36** While they were still talking about this, Jesus himself stood among them and said to them, "Peace be with you."

**37** They were startled and frightened, thinking they saw a ghost. **38** He said to them, "Why are you troubled, and why do doubts rise in your minds? **39** Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have."

**40** When he had said this, he showed them his hands and feet. **41** And while they still did not believe it because of joy and amazement, he asked them, "Do you have anything here

to eat?" **42** They gave him a piece of broiled fish, **43** and he took it and ate it in their presence.

**44** He said to them, "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms."

**45** Then he opened their minds so they could understand the Scriptures. **46** He told them,

"This is what is written: The Messiah will suffer and rise from the dead on the third day,

**47** and repentance for the forgiveness of sins will be preached in his name to all nations,

beginning at Jerusalem. **48** You are witnesses of these things.

Sermon Natasha is opening God's Word for us today

Declaration of faith

Let us declare our faith in the resurrection of our Lord Jesus Christ.

**Christ died for our sins in accordance with the Scriptures;**

**he was buried; he was raised to life on the third day**

**in accordance with the Scriptures;**

**afterwards he appeared to his followers,**

**and to all the apostles: this we have received,**

**and this we believe. Amen.**

Song God of this City

*Performed by St Nics, Durham - Vocals Brittany Hurlbert, Guitar, keys, bass and programming - Tim Packer. Words and music by Aaron Boyd, Andrew McCann, Ian Jordan, Peter Comfort, Peter Kernaghan, Richard Bleakley © 2006 Thankyou Music*

Intercessions read by Jamie Brady

In you O Lord

**Do we put our trust.**

## **The Liturgy of the Sacrament**

The Peace

The peace of the Lord be always with you.

**And also with you.**

*We know that Christians have shared a sign of peace since the very earliest days of the Church. In these times, it may seem strange to 'share the Peace.' But peace is from the heart and from God. God's peace in the Spirit moves among us and unites us, physically distanced yet one in the Body of Christ.*

## Eucharistic Prayer

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

*Take, eat; this is my body which is given for you; do this in remembrance of me.*

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

*Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.*

**Dying you destroyed our death, rising you restored our life: Lord Jesus, come in glory.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever  
**Amen.**

### The Lord's Prayer

**Our Father in heaven,  
Hallowed be your name, your kingdom come,  
Your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom, the power, and the glory are yours now and for ever. Amen.**

### Breaking of the bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in the one bread.**

### Giving of Communion

The body of Christ bread for the world. The blood of Christ, the cup of abundance.

**Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.**

We are invited to make spiritual Communion with God, who comes to meet us wherever we are. And as we do so please listen to .... 'Angus Dei' - Micheal W. Smith

*Performed by Jake Isaac & Lucy Grimble; © Smith United Limited 2020; Gloworks.*

Prayer after communion

And we say together ...

**Almighty God, we thank you for feeding us with the body  
and blood of your Son Jesus Christ.**

**Through him we offer you  
our souls and bodies to be a living sacrifice.**

**Send us out in the power of your Spirit  
to live and work to your praise and glory.**

**Amen.**

## The Dismissal

Song This little light of mine

*Performed by Listener Kids, used with permission*

Final Prayer & Blessing

**Just as the risen Christ appeared to his disciples,  
bringing them his peace and sending them out as witnesses,  
so you are sent out to witness to his life, death and resurrection.  
Amen.**

God who through the resurrection of our Lord Jesus Christ has given us the victory, give  
you joy and peace in your faith; and the blessing of God almighty, Father, Son and Holy  
Spirit, be with you all now and ever more.

**Amen.**

# Thank you for joining us today.



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Thank you for whatever you are able to give



## Open minds

### Luke 24.36b-48

In which Jesus appears to two disciples on the road to Emmaus. They don't recognise him until they arrive at their destination and he breaks bread with them. They race off to tell the disciples and as they are talking, Jesus appears to them all. The disciples are terrified thinking Jesus is a ghost. But he reassures them by inviting them to touch his hands and feet and then eats with them – something a ghost couldn't do! Jesus then opens their minds to understand the scriptures and to see how he had fulfilled them.

Now read **Luke 24.36b-48** see p.2 for text.

### A note on the passage

Jesus presents himself to the disciples in a physical form. This is really important as it shows them the reality of his resurrection and it changes everything. At the start of the passage they are all terrified when Jesus appears, but once they have experienced him as a resurrected reality, their fear turns to joy and doubts to understanding. Have there been times when you have felt afraid? Have you experienced the joy that faith in Christ brings? Perhaps you could tell someone your story this week to encourage them to be open to God's joy.



Create a joy banner for your house.

**You will need:** three sheets of A4 paper or preferably card, coloured pens and pencils, scissors, hole punch, string.

- Write the letters to spell 'Joy' in bubble writing (<https://www.lettering-daily.com/bubble-letters/>) on three separate pieces of A4 paper/card.
- Colour and decorate each letter, then cut them out.
- Using the hole punch, make holes at the top of each letter and thread the string through the top to form a bunting style banner.
- Reread the banner over the next few weeks as an encouragement.



Jesus invited the disciples to eat fish with him. Have a go at making these tuna fishcakes:

**You will need:** 2 medium potatoes, peeled and quartered; a knob of butter; 1½ tbsp mayonnaise; 1 lemon (finely grated zest only); 3 spring onions, sliced; salt and pepper; 1 tin of tuna, drained; 50g plain flour; 1 egg, lightly beaten; 50g breadcrumbs; a saucepan, a potato masher, three bowls, a baking tray, access to a cooker/oven.

**Method:**

- Preheat the oven to 200C/180C Fan/Gas 6.
- Put the prepared potatoes in a saucepan, cover with cold water and bring to the boil. Reduce the heat to a simmer and cook for 15–20 minutes, or until tender.
- Drain the potatoes and put them back in the pan with the butter, mayonnaise, lemon zest, spring onions, salt and pepper to taste. Mash together until smooth. Stir in the tuna and set aside.
- Put the flour, egg and breadcrumbs into three separate shallow bowls.
- Mould the tuna mixture into six fishcakes. Coat each first in flour, then in egg, then in breadcrumbs.
- Place on a baking tray and bake for 15 minutes, or until the breadcrumbs are just golden.

## QUIZ

At first the disciples found the fact of Jesus' resurrection hard to believe. Research 10 unbelievable facts and make your own 'True or False?' quiz. For example, 'a slug has four noses – true or false?' (The answer is true!) Try the quiz on a member of your family or a friend.

## SPREAD THE JOY

Make a timetable for the week and think of a way to spread joy each day: Bake the neighbours a cake, make someone a card or do some shopping for a friend. When your timetable is complete, tick off each day once you have spread some joy!



Go on a walk somewhere you enjoy walking. Take a notebook and pen and, as you walk, draw or write down everything that gives you joy on your walk.

What place do feelings have in your faith?



Name \_\_\_\_\_

# ROOTS Activity Sheet

18-24 April 2021



## Luke 24.36b-48

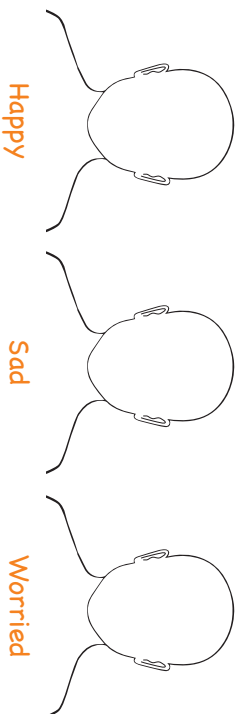
Jesus appears to the disciples and opens their minds, to help them understand that the Bible explains all about God's plan for his death and resurrection.



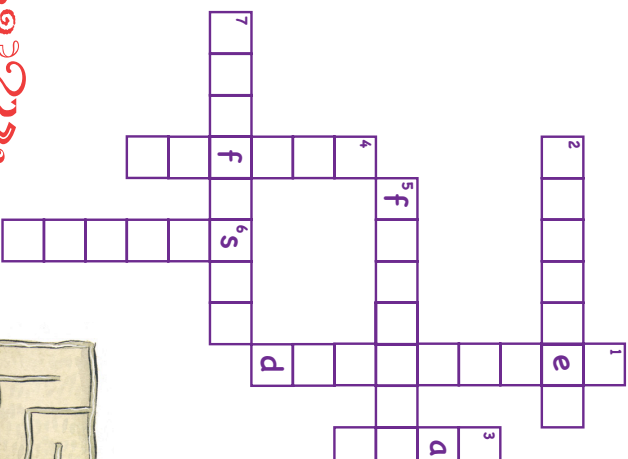
Jesus explains the Bible to the disciples which helps them to feel happy instead of scared.



Draw the facial expressions that match the emotion written below.



Can you find the key words about feelings from today's Bible passage? Some letters have been filled in for you.



### Across:

2. When you get a big surprise.
5. When you are worried about things which might go wrong.
7. When you are not sure what to believe.

### Down:

1. When you feel very afraid.
3. When you feel at peace.
4. When you feel really happy about everything.
6. When you feel afraid.



Jesus changed the feelings of the disciples from confusion to joy. Can you help this person move through the maze from being confused to feeling joyful?

