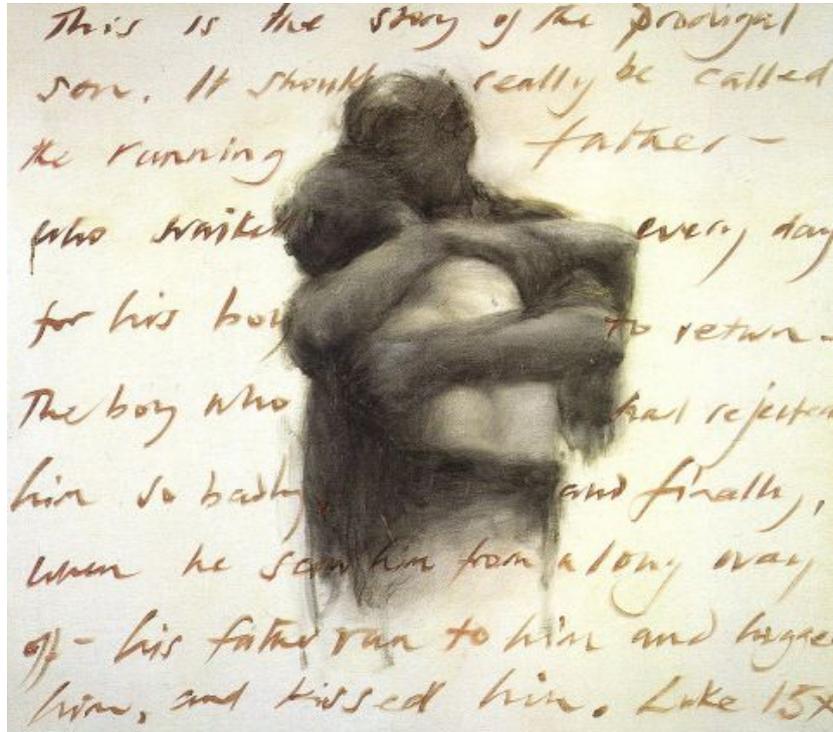


# #LIVE LENT

## Lunchtime Service



Wednesday's through Lent

Live @ 12.00pm

### Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;

hold not your peace at my tears.

Psalm 39.13

### Praise

Blessed are you Good of compassion and mercy, to you be praise and glory for ever.

In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance.

**As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise.**

Blessed be God, Father, Son, and Holy Spirit.

**Blessed be God for ever.**

### **The Word of God: Psalm 51**

Have mercy on me, O God, according to your unfailing love;  
according to your great compassion blot out my transgressions.

**Wash away all my iniquity and cleanse me from my sin.**

For I know my transgressions, and my sin is always before me.

**Cleanse me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.**

Create in me a pure heart, O God, and renew a steadfast spirit within me.

**Do not cast me from your presence or take your Holy Spirit from me.**

Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

**Then I will teach transgressors your ways, so that sinners will turn back to you.**

Open my lips, Lord, and my mouth will declare your praise.

**You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings.**

My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise.

*Psalm 51.1-3,7,10-13,17*

**Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be forever. Amen.**

**A Short Reading**

**A Moments Thought**

**Extemporaneous Prayers**

These may include prayers for the local church, community, those suffering in mind/body/spirit, the pandemic, those enduring hardship or grief.

## Ash Wednesday Collect

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent:

Create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

**Amen.**

## A prayer for Lent

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in His way come to share in His glory,  
Through Jesus Christ our Lord.

**Amen.**

## The Lord's Prayer

**Our Father in heaven hallowed by your name, your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil.**

**For the Kingdom, the power, and the glory are Yours now and forever.**

**Amen.**

May God bless us and show us compassion and mercy. **Amen.**